


WHAT TO DO WHEN PERSONS NEED HELP

NEEDS	AGENCIES (Revised 10/7/19)	PHONE
<p>1. When persons need a free hot meal....</p>	<p>A. <u>The New Love Center Cafe at Trinity United Methodist Church</u>, 1407 Allegheny St, Jersey Shore, M-F: coffee & snacks 8-11:30, lunch 11-12:30 B. <u>Sojourner Truth Ministries</u>, 501 High St. (side entrance), Wmspt., Hot Meal Light Breakfast & Hot Lunch: Mon. - Sat. 8:30 a.m.- 1 p.m. Fruit & Vegetables available Tues, Day old Bread/Pastry available Wed. C. <u>Antioch Baptist Church</u>, 514 High St. - side entrance - Williamsport Breakfast 8:00-9:30 a.m. Lunch: Noon - 1 p.m. Weekdays D. <u>West End Christian Community Ctr.</u>, 901 Diamond St., Wmspt. 11-12:30, M-T-T-F E. <u>Golden Agers Club</u>, Salvation Army, 457 Market St, T, Th, 9-12 F. <u>Christ Episcopal Church</u>, 426 Mulberry St. Wmspt. 1st Saturday supper 4-7 p.m. G. <u>First United Methodist Church</u>, 601 Market St., Wmspt. 5 pm Wednesdays weekly H. <u>St. Paul Calvary United Methodist Church</u>, 1427 Memorial Ave, Wmspt. Supper at 5:30 pm Monthly 3rd Thursday September - May (use back door) I. <u>Redeemer Lutheran Church</u>, 1101 Washington Blvd, Wmspt. 2nd Thursdays monthly Supper at 5:30 pm in the basement Social Hall (Washington Blvd. Door) J. <u>Trinity Episcopal Church</u>, 176 Mt. Pleasant Ave. JS, Noon-1 2nd Sundays-hot lunch K. <u>St. Mark Lutheran Church</u>, 142 Market St. Wmspt, Noon-1, 3rd Wednesday lunch L. <u>Pajama Factory</u>, Rose Street and Park Avenue, Mondays at 5-6 p.m.</p>	<p>570-244-8838 570-323-1797 570-323-2425 570-323-6297 570-326-9187 570-322-8160 570-322-3572 570-322-5054 570-322-2333 570-398-4007 570-323-4612 ????</p>
<p>2. When persons need supplies of additional food..... No appointments needed unless noted.</p>	<p>A. <u>United Churches Food Pantry</u>, Rear 320 Park Ave (the Castellano Ctr.) Wmspt. 10:15 a.m. - 2 p.m. Tuesdays and Thursdays. (by appointment) B. <u>Salvation Army</u>, 457 Market St, Wmspt., 9:30 -11:30 a.m. and 1-2:30 p.m. M W F C. <u>American Rescue Workers</u>, 643 Elmira St, Wmspt. M-Th 9 a.m.- 4 p.m. D. <u>New Love Center</u>, 229 S. Broad St. JS, 9-12, 1-3, 2nd & 4th Fridays E. <u>Son Light House</u>, 130 Carpenter St, Muncy, 9 am - Noon W, 5-7:30 pm Th, biweekly F. <u>WIC Program</u> 612 W. 4th St, Wmspt. M-F, 8-4 Appointment only. No emergencies (For pregnant, postpartum & breast feeding women, and for children up to age 5. G. <u>Antioch Baptist Church Pantry</u>, 514 High St., Wmspt, M-F 10-12(call ahead) H. <u>West End Food Bank</u>, 911 Diamond St, Wmspt, Call 1st (Incl. 7th Ave to Linden to Duboistown, Cogan Station, Ralston etc.) Noon-3 p.m. the 1st 4 Thursdays monthly I. <u>St. Ann's Mary Carlucci Pantry</u>, 1220 Northway Rd. Wmspt. Rear of church near Grotto Third Saturday monthly, 10-11 am, and first Thursday from 4-5 pm monthly. J. <u>Family Promise Food Pantry</u> 635 Hepburn St, Wmspt (2x/month) Office M-Th, 9-3, F 9-11 K. <u>Meals on Wheels</u>, Office of the Aging, 2138 Lincoln St., Wmspt. Weekdays 8:00 a.m.-5 p.m. (Assessments needed - must be homebound and 60+) L. <u>Footprints Food Pantry</u>, Bower Street Ext, Montgomery, 2nd Thurs, 10-5 M. <u>St. Joseph the Worker Parish</u>, 711 West Edwin St., Wmspt. Wed. 4-5 pm. N. <u>Christ Community Worship Center</u>, 436 W 4th St., Wmspt. 2nd Sat. 9-Noon O. <u>Fresh Express</u>, First UMChurch, 604 Market St Wmspt. (Ross St. Door) the 2nd/4th Wed.@4 P. <u>Lycoming Cty Assistance Office</u>, 400 Little League Blvd, Wmspt. Food Stamps Q. <u>Diamond Street Christian Church</u>, 822 Diamond St. Wmspt. 1st & 3rd Sundays 2-3 pm</p>	<p>570-322-1657 570-326-9187 570-323-8401 570-772-3275 570-546-3585 570-322-7656 570-323-2425 570-323-1891 570-419-5068 570-567-7103 570-323-3096 570-337-7146 570-323-9456 570-322-7141 570-322-3572 570-327-3300 570-323-2747</p>
<p>3. When persons are homeless...</p>	<p>A. <u>American Rescue Worker's Men's Shelter</u> 643 Elmira Street, Wmspt., 9-4 B. <u>YWCA - Liberty House</u> (single women & women with children) 815 W 4th St. Wmspt C. <u>Family Promise</u> (For Families) 635 Hepburn St, Wmspt (Office/Day Ctr M-F, 9-5) D. <u>Saving Grace Homeless Shelter</u>: 324 Campbell St, Wmspt. Daily 4 pm - 8 am</p>	<p>570-323-8401 570-322-4637 570-567-7103 570-323-4130</p>
<p>4. When persons need rent... (all limited)</p>	<p>A. <u>American Rescue Workers</u> Fridays 9-4 (families a priority) By Appointment B. <u>Dept. Of Welfare Emergency Housing Funds</u>, 8-5 Weekdays 400 Little League Blvd, Wmspt. C. <u>Consumer/Advantage Credit Counseling</u>...see contact info in 18-O</p>	<p>570-323-8401 570-327-3300 877-867-4014 See 18-O.</p>
<p>5. When persons need jobs or Employment Skills and Services...</p>	<p>A. <u>Career Link Lycoming & Vetrans Svs</u>, 329 Pine St. Wmspt. M-Th 8:30-4:30, F. 9-4 B. <u>Counseling Svs Penn College</u>, 1 College Ave., Wmspt. (Students & Alumni only) Career Svs. 570-327-4502, Disability Svs. 570-327-5225 8-4:30 M-F C. <u>Office of Vocational Rehabilitation</u> (for eligible persons with disabilities seeking employment) 208 West Third St. - Suite 102, Wmspt. 8 am. - 4:30 p.m. Weekdays D. <u>A4TD Job Training</u>, 24 E 3rd St., Wmspt. (For persons 55+) M-Th. 8-3:30</p>	<p>570-601-5465 570-327-4765 570-327-3600 570-327-9070x234</p>

6. When <i>Veterans</i> need assistance	<p>A. <u>The Vet Center</u> (mental health counseling) 49 E 4th St. #104, Wmspt. Weekdays 8-4:30 (Employment requests are referred to Career Link see 13A.)</p> <p>B. <u>V A Medical Clinic</u> - Wenner Bld, 1705 Warren Ave Suite 304, M-F. 8-4:30</p> <p>C. <u>Lycoming County Veterans Affairs</u>, 330 Pine St Ste 401, Wmspt. (Benefits)</p> <p>D. <u>American Legion Post #1</u>, 10 E 3rd St. Wmspt.</p>	<p>570-327-5281</p> <p>570-322-4791</p> <p>570-327-2365</p> <p>570-323-9409</p>
7. When persons need <i>clothing...</i>	<p>A. <u>American Rescue Workers Thrift Store</u>, 141 S. Main St, JS 9-5 M-F, 9-4 Sat</p> <p>B. <u>American Rescue Workers Thrift Store</u>, 335 Rose St., Williamsport (no vouchers) 9 am - 6 p.m. Monday.-Friday., 9am - 4pm Sat. (Items have a minimal cost)</p> <p>C. <u>American Rescue Workers Thrift Store</u>, 643 Elmira Street, Williamsport. Weekdays 9am -5pm , Sat 9 am-4pm (Items have a minimal cost)</p> <p>D. <u>Son Light House</u>, 130 Carpenter St, Muncy, 9 am - Noon W, 5-7:30 pm Th, biweekly</p> <p>E. <u>Salvation Army Store</u>, 530 Lyc. Mall Drive, Pennsdale M-F 9-6, Sat 9-5</p> <p>F. <u>Daniel's Closet</u>, Redeemer Lutheran Church, 1101 Washington Blvd, Wmspt. Free Clothing for Children & Adults. 9-11 a.m. 4th Saturday Jan-Oct, 3rd Sat Nov/Dec.</p> <p>G. <u>West End Christian Community Center</u>, 901 Diamond St, Wmspt. (Nominal fee) <u>Clothes Closet</u>: M-T-Th-F 9 - 2, Wed. 9-2, 4:30-7, Sat. 8:30-Noon <u>Shoe Express</u>: 1st, 3rd Sat: 10-Noon, sneakers/socks for kids up to17 (need access card/referral)</p> <p>H. <u>Antioch Baptist Church</u>, 514 High St, Wmspt. Side Entrance, Weekdays 9-1</p> <p>I. <u>Family Promise</u> 635 Hepburn St, Wmspt, Work ready clothing for adults-Weekdays 9-5</p> <p>J. <u>Newberry branch of NGA</u>: new outfit, coat or shoes (kids & adults)</p> <p>K. <u>YWCA - Liberty House Boutique</u>: 815 W 4th St., Wmspt. W 4-7, Th-F 11-5, Sat 10-2</p> <p>L. <u>Children's Closet</u>: Clothes for Kids 0-6 Castellano Ctr, 320 Park Ave, Wmspt, Tues. 10-2</p> <p>M. <u>Grace's Closet</u>: Grace Lutheran Church, 1601 Walnut St., JS, 1st, 2nd 3rd 4th Fridays 9-Noon, Clothes for all ages, some shoes / limit 2 sets per person</p>	<p>570-398-4311</p> <p>570-323-7321</p> <p>570-323-8401</p> <p>570-546-3585</p> <p>570-546-5509</p> <p>570-322-2333</p> <p>570-323-6297</p> <p>570-323-2425</p> <p>570-567-7103</p> <p>570-323-1707</p> <p>570-322-4637</p> <p>570-323-9456</p> <p>570-398-4806</p>
8. When persons need emergency <i>fuel</i> assistance....	<p>A. <u>Department of Welfare (LIHEAP, Regular and Crisis Programs)</u> 400 Little League Blvd, Wmspt., 8:00 a.m. - 5 p.m. weekdays</p> <p>B. <u>United Churches Fuel Bank</u> Administered by STEP Outreach 9 - 5 M-F (Person must have applied for State Funding)</p> <p>C. <u>STEP Utilities Assistance Program</u> 2138 Lincoln Street, Wmspt. 9-5 weekdays</p>	<p>570-327-3497</p> <p>570-327-5485</p> <p>570-327-5485</p>
9. When persons need <i>furniture...</i>	<p>A. <u>Son Light House</u>, 130 Carpenter St, Muncy, (when available) 9 am - Noon W, 5-7:30 pm Th, biweekly</p> <p>B. <u>American Rescue Workers Store</u>, 643 Elmira St, Wmspt. Monday - Friday 9-5</p> <p>C. <u>Salvation Army</u>, 530 Lyc. Mall Dr., Pennsdale M-F 9-6, Sat 9-5 (vouchers)</p> <p>D. <u>Expectations for Women</u>, 500 Pine St, Wmspt - Baby furniture and products M+W 10-6, T+Th 10-8, F 10-2.</p> <p>E. <u>Safe Kids & Car Seats</u> for newborns, Coroner's Office, 48 W 3rd St, Wmspt.</p> <p>F. <u>American Legion Post #1</u>, 10 E. 3rd St, Wmspt: (available to anyone)</p>	<p>570-546-3585</p> <p>570-323-8401</p> <p>570-546-5509</p> <p>570-321-8240</p> <p>570-327-2305</p> <p>570-323-9409</p>
10. When persons need <i>pastoral care</i>	<p>A. <u>Shepherd of the Streets Ministry</u> 320 Park Ave. Williamsport. Monday - Thursday, 9 - 2 p.m. (Both counseling & referral)</p> <p>B. <u>Sojourner Truth Ministries</u>, 501 High Street, Wmspt. 9-3 M-F</p>	<p>570-322-6538</p> <p>570-323-1797</p>
11. When persons need <i>utility</i> assistance....	<p>A. <u>STEP Utilities Assistance Program</u>, 2138 Lincoln St., Wmspt, 9-5 weekdays Includes help for PPL and UGI customers</p> <p>B. <u>PG Energy</u> program (Must be on a payment plan)</p> <p>C. <u>PPL-CARE</u> (electric) (Must be on a payment plan) 8-5 weekdays Operation help program... a one time payment.</p> <p>D. <u>Salvation Army</u>, 457 Market Street (By appointment only)</p> <p>E. <u>Am. Rescue Workers</u>, 643 Elmira St, Wmspt (Limited) Fri-9-4 by app. Ext. 12</p> <p>F. <u>Public Utility Commission</u>, Insure safe reliable reasonably priced electric, gas, water, telephone. Their decision is final. Determination hotline:</p>	<p>570-327-5485</p> <p>800-820-8620</p> <p>800-342-5775</p> <p>570-326-9187</p> <p>570-323-8401</p> <p>800-692-7380</p>

<p>12. When persons need <i>medical help...</i></p>	<p>A. <u>River Valley Health and Dental Center</u>, 471 Hepburn Street Mon-Thurs - 7:45-6:45 Fri - 7:45 - 4:45 Medical/Dental/Reproductive Health and Rural Health Care Marketplace B. <u>Healthy Kids Help-Line</u> Medical info and help for uninsured children (CHIPS) C. <u>Healthy Baby Help-Line</u> for infants and pre-natal D. <u>Adult Health Insurance</u> information/referral or basic insurance E. <u>Lead Information Line</u> F. <u>STEP Office of the Aging</u>, 2138 Lincoln St, Wmspt. In home services and referral for elderly G. <u>Hepatitis Testing and Care</u> - Susquehanna Health System - Call for info. H. <u>Pennsylvania Department of Health</u>, 1000 Commerce Park Dr. Suite 109, M-F 8-4:30 I. <u>Hearing Aids</u> Lions Club International Hearing Program - Art Girio J. <u>Penn College</u> - 1 College Ave, Wmspt - Routine Dental Cleaning & Check-up K. <u>Shepherd of the Streets</u>, 320 Park Ave, Wmspt. 9-2 Summer, 10-3 Winter M-Th, Eyeglass/Dental Surgery Assistance. L. <u>PA Health Law Project</u>, Helps low income families/disabled/elderly obtain health care M-W-F 8-8</p>	<p>570-567-5400 800-986-5437 800-986-2229 570-567-5400x501 800-440-5323 570-323-3096 570-321-1000 570-327-3400 570-326-1793 570-327-4500 570-322-6538 800-274-3258</p>
<p>13. When persons need help with <i>prescriptions...</i></p>	<p>A. <u>Shepherd of the Street</u>, 320 Park Ave., Wmspt. 9-2 summer/10-3 winter Mon-Thurs B. <u>PaceNet & Pace</u> - Office of the Aging 60+, 2138 Lincoln St., Wmspt. Weekdays 8-5 C. <u>PA Patient Assistance Program</u>, Dept. Of Public Assistance, 400 Little League Blvd, Wmspt. for 19-64 year olds not receiving Medicaide</p>	<p>570-322-6538 570-323-3096 570-327-3497</p>
<p>14. When persons face <i>HIV/AIDS</i></p>	<p>A. <u>AIDS Resource</u>, 500 W 3rd St, Wmspt. 9 a.m.-5 p.m. Weekdays (Support services for those infected and affected with HIV or AIDS) B. <u>PA. Department of Health</u>, 1100 Commerce Park Dr, Suite 109 Wmspt.</p>	<p>570-322-8448 570-327-3400</p>
<p>15. When persons need <i>transportation</i></p>	<p>A. <u>Am. Rescue Wks</u>, 643 Elmira St, Wmspt. Emergencies only. Limited (By appointment) B. <u>STEP Transportation</u> (Step Van) C. <u>Shepherd of the Streets</u>, 320 Park Ave Wmspt, 9-2Summer 10-3Winter M-Th Medical Only D. <u>STEP Office of the Aging</u>, 2138 Lincoln St, Wmspt. Free bus pass for seniors 60-64 E. <u>American Cancer Society</u>, Road to Recovery Program (medical appts.)</p>	<p>570-323-8401 570-326-0587 570-322-6538 570-323-3096 800-ACS-2345</p>
<p>16. When persons have serious <i>drug & alcohol problems....</i></p>	<p>A. <u>West Branch Drug and Alcohol Abuse & Tobacco Addiction Commission</u> Central Line Case Management Unit, 213 W. 4th St. 2 Fl, Wmspt 7:30 - 4 M-F After hours call B. <u>Psychological Services</u> (Outpatient therapy) Bloomsburg 9-5 Weekdays C: <u>Alcoholics Anonymous</u> - District 48 PO Box 303, Williamsport 17701 D. <u>AlAnon and AlaTeen</u> Penn College, 7 pm Sun. Call for times/places of other mtgs. E. <u>Narcotics Anonymous</u>, PO Box 1161, Williamsport 17701 F. <u>Susquehanna Behavioral Health</u>, Inpatient/Outpatient, 1000 Grampian Blvd 5th Fl, Wmspt. G. <u>White Deer Run</u> - Devitts Camp Road, Allenwood H. <u>White Deer Run Outpatient Treatment</u> - 901 Westminster Drive, Wmspt. 8:30-4:30 I. <u>Crossroads Counseling</u>: 501 E 3rd St. Wmspt. M-Th 8am-9pm, F&S, 8-2 or 8 N. Grove St, Lock Haven, M-Th 8-8, F 8-1 or 444 E. College Ave Suite 460 State College, M-Th 9am-7pm, F, 9-2 J. <u>Reformers Unanimous</u>: 1010 Elmira St. Wmspt. F. 7 pm (Trinity Gospel Church - recovery pgm) K. <u>Co-Dependents Anonymous</u>, 485 E. 3rd St., Wmspt. Tuesdays 7-8:30 pm L. Genesis House, 800 W. Fourth St., Wmspt.</p>	<p>570-323-8543 570-220-9299 570-389-1249 570-327-2860 800-344-2666 570-327-2678 570-320-7525 800-255-2335 570-321-6127 570-323-7535 570-893-1886 814-231-0940 570-323-3274 570-322-0520</p>
<p>17. When persons are <i>mentally or emotionally disturbed & or suicidal...</i></p>	<p>A. <u>Lycoming/Clinton MH/MR and Children and Youth</u> (24 hr.) 200 East St Wmspt. B. <u>Diakon Family Life Services</u>, 435 W 4th St Wmspt. 8-8 M-Th, 8-5 F, Monday - Thursday 8-8, Friday - 8-4. Family, Individual, Marital & Suicide Counseling Montoursville - 241 Broad Street C. <u>Suicide Hotline</u>: 1-800-525-7938, Lycoming County Crisis Intervention All are 24/7 Clinton County Crisis Intervention D. <u>Heartworks</u>: Children's Bereavement Specialists, 1100 Grampian Blvd. Suite 383, Wmspt E. <u>Crossroads Counseling</u>: 501 E 3rd St. Wmspt. M-Th 9am-7pm, F&S, 8-2 or 8 N. Grove St, Lock Haven, M-Th 8-8, F 8-1 or 444 E. College Ave Suite 460 State College, M-Th 8am-9pm, F, 8-2 F. <u>Spectrum Alliance</u>, LGBTQ support, info@TheSpectrumAlliance.org G. Community Services Group, 1000 Commerce Park Dr. Suite 100 Wmspt. 1-877-907-7970 H. Lycoming Health Living, 1521 Washington Blvd. Wmspt I. UPMC Susquehanna Behavioral Health, 1100 Grampian Blvd 5th Floor, Wmspt</p>	<p>570-326-7895 570-322-7873 570-433-7060 570-326-7895 570-748-2262 570-320-7691 570-323-7535 570-893-1886 814-231-0940 570-323-6944 570-322-5051 570-320-7525</p>

<p>18. When persons have a specific need...</p>	<p>A. <u>Crisis Hotline</u>, 24 hour National Crisis Service</p> <p>B. <u>Special Kids Network & Parent to Parent Information and Referral</u>. Help for kids with disability/health conditions State office, Harrisburg</p> <p>C. <u>Child Safety Seat Inspection</u> - Free - by appointment: Pennsylvania State Police Montoursville Office, 899 Cherry St., Montoursville.</p> <p>D. <u>STEP Inc.</u> 2138 Lincoln St, (Weatherization, Training Programs, Head Start, Early Learning Resource Center and Youth Enrichment for Success)</p> <p>E. <u>Center of Independent Living of NorthCentral PA</u> 24 E 3rd St, Wmspt. M-F 8:30-4:30</p> <p>F. <u>North Penn Legal Svs</u> 25 West Third St, Wmspt. 8:30 - 4:30 Weekdays Civil cases only. Eligibility based on income and household size.</p> <p>G. <u>Domestic Violence and Sexual Assault Hotline/Shelter</u> - 815 W 4th St. Wmspt. For victims of crimes - in crisis - With transient services for Women and Children</p> <p>H. <u>Expectations Women's Center</u> 500 Pine St (Counseling, Care & Supplies) M & W - 10 am-5 pm, T & Th - 10 am-7 pm, F 10 am-1 pm 24 hr hotline</p> <p>I. <u>West End Christian Comm. Ctr Limited Vouchers</u> -diapers 901 Diamond St, Wmspt.</p> <p>J. <u>Firetree Place</u>. 600 Campbell St, Wmspt Call Monday - Sunday 10-3 Educational, Recreational, Community pgns, for children-youth-adults</p> <p>K. <u>N.W.PA Optical Clinic</u> 901 Diamond St, Wmspt. appointments needed New prescription glasses to low/moderate income persons, \$40 starting price</p> <p>L. <u>North Central Sight Services</u> 2121 Reach Rd, Wmspt., M-F 8:30-4:30 vision</p> <p>M. <u>Consumer/Advantage Credit Counseling</u>, Mediation - advocacy - budgeting</p> <p>N. <u>Hearing Loss</u>, 901 Diamond St, Wmspt 2nd Thursdays each month e-mail contacts only: tybergkay7376@yahoo.com</p> <p>O. <u>Thrive International Programs</u>, 420 Elmira St., Wmspt staff@thriveip.org English as a Second Language Classes, Spanish Classes, Language Café, Immigration Legal Svs.</p> <p>P. <u>Yokefellowship Prison Ministry</u>, 1200 Almond Street, Williamsport</p> <p>Q. <u>Habitat</u>, 355 Rose St., Wmspt, <u>Restore</u>, 336 Rose St. Wmspt., 9-5 W-F, 9-3 Sat,</p> <p>R. <u>Journey House</u>, Transitional housing program: New Covenant United Church of Christ</p> <p>S. <u>Family Promise</u> Transitional housing pgm. 635 Hepburn St, Wmspt (Office, M-F, 9-5)</p> <p>T. <u>Maribito Housing</u>, Inexpensive housing and links to government programs</p> <p>U. <u>Celebrate Recovery Worship and Groups</u>, 604 Market St. Wmspt. (First UMChurch) Sundays at 4:30 p.m.</p> <p>V. <u>Coordinated Community Resources</u>, help in accessing state, federal & private assistance programs for individuals. Nick Raczkowski nrazc@coordres.org</p>	<p>211</p> <p>800-986-4550</p> <p>570-368-5700</p> <p>570-326-0587</p> <p>570-327-9070</p> <p>570-323-8741</p> <p>570-323-8167</p> <p>800-326-8483</p> <p>570-321-8254</p> <p>800-395-HELP</p> <p>570-323-6297</p> <p>570-360-9946</p> <p>570-601-3399</p> <p>570-323-9401</p> <p>800-922-9537</p> <p>NA</p> <p>570-337-2898</p> <p>570-326-6868</p> <p>570-322-2515</p> <p>570-326-3308</p> <p>570-567-7103</p> <p>570-329-3588</p> <p>877-614-7552</p> <p>570-709-5105</p>
<p>19. Additional Resources</p>	<p>A. <u>211</u> If you still need help finding a resource call.....</p> <p>B. <u>Favors Forward</u> - email: favorsforward@gmail.com www.favorsforward.weebly.com</p>	<p>211</p> <p>272-209-2119</p>

 Notes....

Free Meals Offered by Meal: (See information in part I for details)

Breakfast:

The New Love Center at Trinity UMC, JS
 Sojourner Truth Ministries, Wmspt.
 Antioch Baptist Church, Wmspt.

West End Christian Community Center, Wmspt.
 Trinity Episcopal Church, JS - 2nd Sundays
 Golden Agers Club, Salvation Army, Wmspt.
 St. Mark Lutheran, Wmspt., 3rd Wednesdays

Lunch:

The New Love Center, Trinity UMC, JS
 Sojourner Truth Ministries, Wmspt.
 Antioch Baptist Church, Wmspt
 Senior Center Lunches

Supper

First UMC, Wmspt. Wednesdays
 St. Paul Calvary UMC, Wmspt. Thursdays
 Redeemer Lutheran Church, Wmspt, 2nd Thursdays
 Christ Episcopal Church, Wmspt., 1st Saturday